



# 1º Portugal de Lés-a-Lés Off Road

23<sup>rd</sup>, 24<sup>th</sup>, 25<sup>th</sup> and 26<sup>th</sup> September 2015

## REGULATION

(updated 09/03/2015)

### 1 - EVENT GOALS

"Portugal de Lés-a-Lés Off Road" is organized by the 'Comissão de Mototurismo da FMP-Federação de Motociclismo de Portugal' (*Mototouring Committee of the Portuguese Motorcycling Federation - FMP*). This is a tourist/adventure aimed event, and as such has no classification or competitive goals. However, its relative harshness turns it into a personal improvement achievement. The main goal is to take the Participants on an off-road ride and discover the country's cultural and landscape potential.

### 2- RECOMMENDATIONS

2.1 - Participants may enter 'Portugal de Lés-a-Lés Off Road' in a two or three-bike teams. Our main rule and recommendation is that you should never leave your teammates fall behind, as they eventually may need help;

2.2 - In view of the non-competitive nature of "Portugal de Lés-a-Lés Off Road", we strongly recommend you adopt a solidary, peaceful and relaxed attitude towards the event. Take advantage of the scenic views, enjoy each moment and take your time to get to the finish line;

2.3 - This is a truly challenging adventure that will span for 3 days, with long (300km) off-road stages, making it physically challenging for the everyday

rider. As such, we strongly recommend the riders to: Be in good shape; carry muscle pain medication; carry enough water and energy bars; drink and eat during the stages; sleep well and get plenty of rest between stages.

2.4 - The Participants should adopt a prudent, solidary and abiding attitude towards the Highway Code as the Route will follow mainly gravel, public roads open to general traffic;

2.5 - Throughout the event, Participants must keep their motorcycles within the legal requirements of the “Technical Examination” (TE);

2.6 - Participants must follow all guidance and recommendations given prior and during the stages by the Organizer’s staff, which will be duly identified.

2.7 - We strongly recommend Participants not to drink alcoholic beverages during the stages;

2.8 - Participants should ride orderly and avoid disrupting regular traffic in towns and villages crossed by the Route.

2.9 - Participants must act in a eco-responsible fashion, respecting and protecting the environment in all areas used and crossed by the Route.

2.10 - Although not mandatory, we recommend you use off-road threaded tyres.

### **3- ENTRIES**

3.1 - Entries will open officially on February 1<sup>st</sup>, at the event’s presentation venue, where Participants may sign-in immediately, and will close on August 31<sup>st</sup>.

3.2 - Entry Fee per Participant: Until July 30th - 250 € - from this date onwards - 275 €;

3.3. - Entries are limited to 250 Participants. This number may be changed by the Organizer.

3.4 - Entries are exclusive for national and foreigner motorcyclists who hold a current “Cartão de Motociclista da FMP / FMP Motorcyclist Card” as at the event date and which is available at FMP’s website.

3.5 - Participants holding a “Motorcyclist Card” will be eligible for price discounts on BP fuels and an Insurance coverage for Personal Accidents arising from two-wheeled vehicles usage, valid for one year.

- 3.6 - Passengers are not allowed to entry/participate.
- 3.7 - Only two-wheeled motorcycles designed for off-road usage (maxi-trail, trail, rally-raid and enduro) and motorcycles and scooters adapted/transformed to this end, which have passed the Organizer's "TE", are eligible to enter.
- 3.8 - Entries will take place according the explicit rules available at FMP's website;
- 3.9 - Entries will be valid only after its payment is confirmed.
- 3.10 - The starting order of the Participants in the Stages will be according to the entry validation order;
- 3.11 - Subject to safety criteria, the Organizer reserves the right to change the starting order of the Participants;
- 3.12 - FMP - Federação de Motociclismo de Portugal reserves the right of admission of Participants; the Entry Fee includes:
- 3.13 - Dinner at the end of each Stage;
- 3.14 - Welcome dinner on the first day of the event;
- 3.15 - Stages' Tracks downloaded into the Participants' GPS devices;
- 3.16 - Event T'shirt;
- 3.17 - Event number bib;
- 3.18 - Event stickers and merchandising from sponsors;
- 3.19 - Special promotion on Michelin tyres;
- 3.20 - Mechanic's Support on the 1st day of the event and at the End of each Stage;
- 3.21 - Medical Assistance at the Start, throughout and at the End of each Stage.
- 3.22 - Washing Park and Mechanic's Support Park (with exclusive tyre sale and fitting service of the Organizer) on the day of the "TE" and at the End of each Stage; This facility will have a dedicated area to the Participants who wish to set up their own assistance;
- 3.23 - The Organizer will ensure the transportation, from de start location of the first stage to finish location of the last stage, of a bag or sack up to 50 L, containing the personal effects of each Participant, viz. clothing and some assistance material;

3.24 - Meals will be served only to Participants wearing their Number Bib;

#### **4 - TEAMS**

4.1 - Entries will take place in teams made up of 2 or 3 Participants;

4.2 - Single-entry Participants will be teamed up by the Organizer;

#### **5 - PARTICIPATION**

5.1 - The “Entries List” will be published by FMP in their website 8 days before the event. Said list will include the call time for the “TE-Technical Examination” and start time for each Stage.

5.2 - Participants must be present at the start location on the first day of the event (September 23<sup>rd</sup>) to proceed with their "check in", sign the “Disclaimer” regarding their entry, receive all entry-related material and undergo the “Technical and Document Examination”. The Event Secretary (“check in”) will open at 10 AM;

5.3 - Strong, off-road suitable clothing must be worn by the Participants: Boots, padded Jacket and Pants (or body armour), helmet (full-face) and gloves;

Technical and Document Examination (TE):

5.4 - The “TE” will take place on the first day of the event: September 23<sup>rd</sup>, from 10 AM to 6 PM, according to the starting order; Participants will be required to produce:

5.5 - A current drivers’ licence for their motorcycle;

5.6 - A Civil Liability Insurance certificate for their motorcycle;

5.7 - A motorcycle in good working order;

5.8 - Trail, “mixed-pattern” or off-road tyres in good condition.

5.9 - GPS/Garmin Sat-nav system;

5.10 - Exhaust noise level within reasonable limits;

5.11 - Licence plate;

5.12 - Working Headlight and rear light;

5.13 - Rear-view mirror fitted to the left side, at least;

5.14 - Puncture repair kit suitable for the tyres used (tubeless or tube fitted). Mousse-fitted motorcycles are exempt from this provision;

5.15 - Motorcycles must be submitted to the “TE” after the “check in”, with the stickers of 'Lés-a-Lés Off Road' sponsors already in place;

5.16 - Participants whose motorcycles or documents fail the TE will not be granted an Entry Fee refund, and will be prevented from entering the event;

Material handed to Participants after the TE:

5.17 - Route Cards;

5.18 - All GPS Tracks of the 3 Stages;

5.19 - 1 Number Bib;

5.20 - 3 sticker with team number; Souvenirs:

5.21 - All Participants will receive an event badge and certificate;

5.22 - These will be handed at the finish of the 3rd Stage;

## **6 - STAGES**

6.1- The Route will stretch for 1000 km in total, approx. 2/3 of which will be run on dirt/gravel roads, and the rest on tarmac “Liaison Stages”;

6.2 - The Route will be divided in 3 Stages:

- September 24<sup>th</sup>, Bragança / Termas de Monfortinho

- September 25<sup>th</sup>, Termas de Monfortinho / Moura

- September 26<sup>th</sup>, Moura / Lagos

6.3 - The Route of each Stage will run for approx. 300 km, with a difficulty degree varying from easy to moderate, easily negotiable with any type of “maxi-trail”, “trail”, “rally-raid” and “enduro” machines, or any other off-road fitted motorcycle;

6.4 - To preserve the true spirit of adventure, tarmac roads will be used only as Liaison Stages. Dual Carriageways and A-roads will not be used.

6.5 - Each Stage will be divided in 3 Legs, at the beginning of which a Check Point will be set where riders will be informed of the Track number thereof (which does not have to be the number following that of the previous Track)- this information is paramount to keep on the right track;

6.6 - The difficulty degree of the Route and the rhythm necessary to conclude each Stage were planned taking into consideration the different skills of the Participants and the performance of each machine. It is important that every Participant is able to reach the end of each stage with plenty of sunlight left;

## **7 - ROUTE CONTROL**

7.1 - The course of each Stage will be opened by the Organizer's Zero Team, 30 min. before the starting time of Team no. 1;

7.2 - The course of each Stage will be closed by the Organizer's Broom Team, 30 min. after the starting time of last team;

7.3 - The Check Points of each Leg will open 30 min. after Zero Team has passed, i.e., the ideal passage time for Team no. 1;

7.4 - The Check Points of each Leg will close after the Broom Team has passed, i.e., 30 min. after the ideal passage time for the last team;

7.5 - Since the Organizer does not ensure any type of assistance to the Participants on the Stage when they fall behind the Broom Team, those who reach a Check Point after its closing time must take the fastest way to the Check Point at the start of the next Leg and rejoin the Route from there. The Organizer will make available the coordinates of all Check Points located at the start of each Leg of a Stage.

7.6 - Teams will start from a Scaffold Start Ramp, every 30 seconds, according to the Starting List order;

7.7 - The Route Card (placed around the neck) must be marked by the 'Route Officials' standing at undisclosed and strategic points along the route of the 3 Stages;

7.8 - Only riders wearing the number bib over their riding gear will have their Cards marked by the Route Officials.

7.9 - The two or three motorcycles comprising each team must arrive together at the Check Points;

## **8 - ABANDONMENT**

8.1 - FMP will refund a variable part of the Entry Fee amount to those Participants who, due to illness, are unable to show at the start of 'Lés-a-Lés Off Road', provided they give notice to FMP accordingly, together with a medical certificate, sent by registered mail within the time limits below, and the refundable amount shall be:

- 50% of the Entry Fee, if notice is received by FMP up to 30 days, at least, before the TE date;

- 25% of the Entry Fee, if notice is received by FMP up to 8 days, at least, before the TE date;

8.2 - Where a Participant abandons the event during a stage for any reason, he must inform the Organizer at once, using the phone numbers provided;

## **9 - DISQUALIFICATION**

9.1 - During the Stages, the Organizer may disqualify any Participant who fails to observe the entry recommendations or any other casual instruction related thereto given by a duly identified member of Staff, with no refund of the Entre Fee.

9.2 - The discretion of Organizer shall apply in all cases where this regulation is silent.

- THE END -